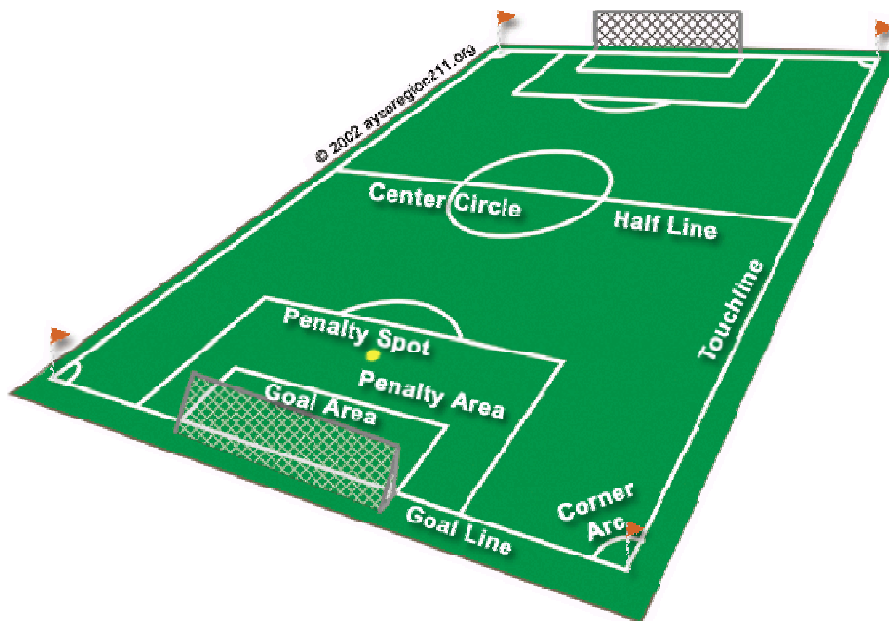




Mundelein Area AYSO Region 372 2009-10 Parent Handbook

This handbook has been prepared and distributed along with the Accident Reimbursement Plan in order to answer many questions you may have regarding the Mundelein Area AYSO Soccer Season

2009 AYSO Platinum Award Winner



Mundelein Area AYSO Region 372
PO Box 783
Mundelein, Illinois 60060
Hotline- 847-949-6320
www.ayso372.org

Mundelein Area AYSO Region 372
2009 Board of Directors

<u>Name</u>	<u>Position</u>		<u>Name</u>	<u>Position</u>
Amy Will	Regional Safety Dir		Michelle Adams	Regional Auditor
Bob Adams	Community Park Coor		Michelle Adams	Awards Coordinator
Erik Thomas	Referee Administrator		Mike Stuckslager	Coach Administrator
Erik Thomas	Dir of Referee Instruction		Peter Coughlin	Referee Assessment
Erik Thomas	Schedule Coordinator		Sam Kavathas	Board Member
Gigi Gonzales-Dong	Regional Secretary		Tammy Carlson	Uniform Coordinator
Jennifer Sheppard	Regional Registrar		Tammy Carlson	Referee Youth Coordinator
Jim Bauernsmith	Board Member		Terri Frice	LTSC Liaison
Jonathan Zepeda	Regional Treasurer		Valerie Walker	Publicity Coordinator
Mark Sheffer	Regional Coach Trainer		Valerie Walker	VIP Program Admin
Mark Will	Regional Commissioner			

Regional Registrar email registrar@ayso372.org
Coach Administrator email coach@ayso372.org
Referee Administrator email referee@ayso372.org
Commissioner email commissioner@ayso372.org

Open Volunteer Positions

Child Volunteer Protection Advocate	Pub Photographer
Volunteer Coordinator	Coordinator of Special Events
Assistant Coach Administrator	U14 U19 Boys/Girls Recruiter
New Player Coordinator	Sponsor Coordinator
Team Parent Coordinator	Newsletter Coordinator
Regional Assistant Registrar	Game and Practice Fields Coor
Telephone Answering Dir (Bilingual)	Volunteer Appreciation Coordinator
Fields Coordinator	Uniform/Equipment Recycling Coor
Scorekeeper	



Letter From the Commissioner

Dear Parents & Players,

This year AYSO is proposing to add a 6th philosophy, "**Player Development**". We are looking to our parents to support this philosophy by continuing to volunteer and take training that AYSO offers.

Mundelein Area Region 372 is a member of the American Youth Soccer Organization (AYSO), a nationwide, non-profit organization founded in 1964.

The AYSO philosophy is:

- * ***Everyone Plays***
- * ***Balanced Teams***
- * ***Open Registration***
- * ***Positive Coaching***
- * ***Good Sportsmanship***

The success of our program depends on you volunteering. Please consider serving as a coach, referee, team parent, committee or board member. Please don't hesitate to contact me via email with your questions or suggestions at drwill@drlighttouch.com

Best Wishes,
Mark Will
Regional Commissioner

Regional Board All members of the regional board are unpaid volunteers giving their time to help run the region. The board meets the first Thursday of each month; meetings are open for all to attend.

History Of Mundelein Area AYSO Founded as an AYSO Pilot Region in 1982, becoming a Chartered Region (having voting rights at the annual general meeting (NAGM) in 1984. We proudly celebrate our 25th anniversary in 2009. Mundelein Area AYSO has for the 10th consecutive year received the Platinum Award for outstanding Regional Performance.

Refund Policy Anyone requesting a refund prior to the first Regional coaches meeting after the player's initial registration will receive a full refund less \$15.00. Anyone requesting a refund after the Regional coaches meeting and before the first scheduled game will receive a 50% refund. Refunds requested after the player's scheduled first game will be denied. Refund requests when the player is injured and can not participate for a substantial portion of the season will be considered on an individual basis. After the first scheduled game the region has expended a substantial portion of the player registration fee for the AYSO National fee, uniform, field and equipment expense. **All refund requests must be made by submitting written notification** to the region at AYSO Region 372, P.O. Box 783, Mundelein, IL. 60060 or to the Registrar's E-mail that can be obtained from the Region 372 web site at www.ayso372.org.

Contacting AYSO Our website www.ayso372.org has a list of board members and email addresses. Feel free to contact us with your questions, comments, complaints and suggestions. Or call the hotline **847-949-6320** and leave a message. National Web Site: www.soccer.org
Section 6 Website: www.aysosection6.org

Summer Camps Camps are held in the Mundelein area throughout the summer. Mundelein Area AYSO organizes an "MLS Camp"; flyers are distributed in the spring. Check the website for more information.

Proposed Dates for Fall 2009 / Spring 2010 Seasons

Player Notification Deadline is August 15, 2009 Call the hot-line after this date if you have not heard from your child's coach.

Picture Day, August 29, 2009. You will receive a picture day schedule from your child's coach. Team pictures are taken and you will also be able to have individual pictures taken for a fee.

First Scheduled Games of Fall - September 12/13, 2009 Final Scheduled Games of Fall - November 7/8, 2009

First Scheduled Games of Spring - April 10/11, 2010 Final Scheduled Games of Spring - June 5/6, 2010

Team Practices start 1-2 weeks prior to the first games of the season. U5 / U6 / U7 practices are included in the game day experience.

Age Guide for 2009-2010

Division	Born Between
U-19	8/1/90 and 7/31/93
U-16	8/1/93 and 7/31/95
U-14	8/1/95 and 7/31/97
U-12	8/1/97 and 7/31/99
U-10	8/1/99 and 7/31/01
U-8	8/1/01 and 7/31/02
U-7	8/1/02 and 7/31/03
U-6	8/1/03 and 7/31/04
U-5	8/1/04 and 7/31/05

Team Practices start 1-2 weeks prior to the first games of the season. U5 / U6 / U7 practices are included in the game day experience.

Practice Locations, Days and Times (U8-U19) All coaches in AYSO are volunteers and these items are left to their discretion and convenience. The practice fields are located throughout the community. Each parent is responsible for getting players to practice on time and picking them up on time. Practices are usually held once a week. Practices may be cancelled or rescheduled at the discretion of the coach.

Game Days Games are to play according to the schedule distributed in advance. The game is considered to be "on" regardless of weather unless you are notified otherwise. The Region has sole authority in the matter.

Uniforms You will receive a full uniform: Jersey, Shorts and Socks. For your child's safety, **NO** additional markings are to be added (names) or alterations are to be made to the uniforms. Such uniforms will be considered as lost, and a new jersey will need to be purchased at an additional cost. You will receive your uniform prior to the season. Shin Guards **MUST** be worn to practice and games Soccer shoes are optional but recommended.

Game Locations

VIP/ U5 / U6 / U7 (girls and boys) - Saturday Community Park—upper fields

U8 (girls and boys) - Saturday—Community Park—lower fields

U10 thru U12 (girls) - Saturday—LTSC

U14 Girls – Saturday—Travels half the games, Home games at LTSC

U19 Girls (Fall Only) - Sunday— Travels half the games, Home games at LTSC

U10 thru U12 (boys) - Sunday—LTSC

U14 Boys - Sunday— Travels half the games, Home games at LTSC

U19 Boys (Spring Only) - Sunday— Travels half the games, Home games at LTSC

Community Park is located on Midlothian Road, north of Route 176.

Fields 8A & B are located on the lower portion across from the Center Fields 6A-E & 7A-C are located on the upper hill further east- near Barefoot Bay.

Libertyville Township Soccer Complex is located on Winchester Road, east of Route 45. Field numbers and locations change from time to time; map of the fields is located near the entrance. A concession stand is also on site, hours vary.

Community Park / LTSC Rules

- NO Smoking
- NO Pets
- NO Alcohol
- Obey Speed Limits
- Park in designated areas DO NOT Park on grassy areas
- Put Litter in its place

Cancellations The hotline is updated as soon as information about cancellations is available. Coaches are encouraged to setup a phone tree within their team to notify all players in a timely manner before the scheduled game time. Also our website has a **Game Cancellation Notification System** if you would like to enter your email we will notify all when games are cancelled usually due to field conditions.

Make up Games All cancelled games are discussed by the board. Coaches are notified in the event that games are rescheduled.

Team Work Coaches are trained to give each child (the younger ones) an opportunity to play most positions in the course of the season. Slaughter rules are in place to assure games don't get out of hand. At a 3 goal lead coaches and referees will make adjustments.

Volunteers are always needed. To join the fun call the hotline, 847-949-6320, or go to www.ayso372.org for more information.

Jewelry is **NOT** allowed to be worn at games or practices. This includes earrings. You are being given enough notice not to have your child's ears pierced during the season if they cannot be removed before game time. **They will not be allowed to play with earrings under any circumstances.** Rings, Watches, bracelets of any kind, hair attachments with metal or plastic, chains, medallions are **NOT ALLOWED**. The only exceptions are for medical or religious purposes – These must be covered and taped to the child. Players with casts or hard splints will not be allowed to play.

Clothing Warm clothing may be worn only under the uniform. Hooded sweatshirts are not advised. Shirts should always be tucked into the shorts for good appearance. Socks must be worn over shin guards. **Shin Guards are REQUIRED** for all games and practices.

Games Schedules Please arrive at the field at least 15 minutes before your scheduled start time. This gives coaches time to get teams warmed up, assess who is there and most importantly, get games started on time. Even a 5-minute delay makes it difficult to keep later games on schedule.

Coaches and Spectators are to remain on separate sides of the fields. No one is allowed to be behind the goal lines. Player sharing between teams will occur when teams are short players. Our goal is that all children play regardless of jersey color. Parents should support these actions.

Support players on both teams, coaches and referees in a positive way. Our children learn from us by our actions. We are always looking for new volunteers to help teach your children the game.

Player Placement With over 825 players on over 80 teams it is virtually impossible to be flexible with practices and game conflicts with non-AYSO activities. This includes requests for friends to be on the same team or to be placed with a particular coach. Requests for siblings in the same age and sex group will be honored.

Ball Sizes U5—U8 Size 3, U10—U12 Size 4, U14—U19 Size 5
It is a good idea for each child to have a ball for use at practice and at home.

Playing Time Each child is guaranteed to play at least 1/2 of the game time they are present for. Teams are structured so each child should play 3/4 of each game.

Photo and Video Policy On occasion, AYSO staff may take pictures and video participants in our program, at practices and at games. Please be aware that these are for AYSO use only. We may use them in future brochures, flyers, newsletters & slide shows.
AYSO is not responsible for photos taken by the media. Anyone who wishes to be excluded from these activities must do so in writing.

Parents Code of Conduct In AYSO, boys and girls learn good sportsmanship and self-discipline. They learn to work together as a team, to enjoy winning and to deal with defeat— all while becoming physically fit and healthy. Best of all— they have fun.
As a parent, you have a special role in contributing to the needs and development of these youngsters. Through your encouragement and good examples, you can help insure the effectiveness of AYSO. Here's how:

- Support Your Child
- Always Be Positive
- Be Enthusiastic and Supportive
- Reinforce Positive Behavior
- Let Coaches Coach and Referees Referee

Kids Zone is a nationwide AYSO program. You play a big part in its success. Wear a button to each game. Remember the pledge you signed at registration. Alert! At each week's game, you will enter the AYSO Kids Zone, where the fields belong to the children, not you. Respect the Kids Zones Rules. AYSO—it's for the kids.

Lightning If lightning or thunder is observed or electronically detected play will be suspended. The signal to suspend play is one long blast on the air horn. Take Cover in a Metal Vehicle with windows up or Substantial Building. If shelter is not available, crouch down, avoid high ground and other people. Avoid Water, Gazebos, Picnic Shelters, Metal Objects (flag poles, fences, goal posts, and light poles) and Trees. Avoid telephone and appliance usage. The decision to resume play will be made by the Head Official. Two long blasts of the air horn shall indicate the decision to resume play.

Safely Dealing with Blood Any player or official who is bleeding must leave the field immediately to receive medical treatment, and may not return until the bleeding is stopped, the wound is covered and any blood is removed from skin surfaces with a disinfectant. Blood on clothing must be either treated with disinfectant or the affected clothing can be replaced. All First Aid kits provided by the region contain approved gloves for coaches and officials to wear when dealing with blood.

VIP Program (Very Important Player) Program provides a soccer experience for those whose physical and mental abilities make it difficult to participate on mainstream teams. VIP also gives the children a sense of acceptance and belonging. "Buddies " help these players both on and off the field. If you know a VIP player or want more information, contact us.

Awards Each child will receive a trophy at the end of the spring season (except High School Teams)

Inter-Regional Play Due to the limited amount of teams at the U12, U14, U16/U19 level, teams may play games against other regions within our Area, which would involve traveling to neighboring communities for games.

Short-sided Play U5 thru U12 play short-sided (less than 11 v 11), U14 and U19 are full sided

U5 to U7 Division The philosophy is to hold practice for 30 minutes prior to the game, try to teach kids some fundamentals and hope that they remember them when game time arrives.

U5 & U6 is played 3 vs. 3—no goalkeeper U7 is played 5 vs. 5—no goalkeeper.

Length of Soccer games is played in 2 halves.

All AYSO games are played in quarters (4 per game).

Quarter breaks last 2-3 minutes, enough time for coaches to make adjustments to lineups and a water break.

Half time lasts from 5-10 minutes.

U6—10 minute halves

U10—25 minute halves

U7—20 minute halves

U12—30 minute halves

U8—20 minute halves

U14—35 minute halves

U19—40 minute halves

Snacks Each coach is encouraged to recruit a Team Parent. This person would organize a snack list, dividing the duty of providing snacks and drinks on a weekly basis throughout the parents of the team.

Snacks and drinks should be healthy items. Children really look forward to these treats. Halftime snacks should be of a fruit nature (orange slices, grapes, apple slices, etc.). After game snacks can be any type of treat (cookie packs, granola bars, etc.). Drinks can be packs of (Capri-Sun, Kool-Aid, juice boxes, etc.). These do not replace the water a player should bring to each game.

Team Balancing All players are rated by coaches at years end against other players in their divisions. Those ratings are used to create new teams as evenly balanced as possible, because it is fair and more fun when teams of equal ability play.

Fall-Spring Season Mundelein Area AYSO plays to a Fall-Spring season. Players will continue with the same team in Spring that they played with in the Fall. Registration for the spring season is tentatively scheduled, check the hotline or website for information.

AYSO Accident Reimbursement Plan If a registered player, coach or referee is injured during a game or practice he/she is covered under the Plan. If an injury occurs, the parent guardian should contact the Coach or Region's Safety Director for assistance in filling out a Preliminary Accident Report Form. This reimbursement plan only covers players and volunteers who have officially registered through the Region's Registrar. The purpose is to reimburse participants for a portion of qualified medical expenses not covered by family insurance. Make sure you read the brochure about the AYSO Plan you received at registration to avoid any confusion you may have should you need to file a claim. All claims need to be filed as soon as possible. This cannot be over-emphasized. Contact us with your questions.

Soccer Conduct The referee will deal directly with improper conduct by players and coaches. Improper conduct can result in the suspension of the game until the involved person leaves the field. This includes spectators, parents and coaches. Only positive coaching and positive comments will be allowed.

Laws of the Game In Soccer, the rules that govern the play are called the “Laws of the Game”. These Laws are set forth by FIFA, the international governing body for soccer. While the laws are fairly simple, space limitations do not allow us to publish them within this manual. There are some modifications to the official laws for AYSO play.

Publicity in Newspapers Match summaries are submitted by each team into the publicity box at each complex. We in turn forward them to local newspapers. If the paper has room, they will publish them. You can often find the game recaps in the Daily Herald, Mundelein News and Mundelein Review.

Newsletters are mailed out 2 issues per year ideally, filled with information on important dates, articles, what’s new and happenings in Region 372. Let us know what you’d like to see in future issues.

AYSO Organization - 6 / A / 372

“6” - Our Section number. A Section comprises of several Areas and can cover multiple states.

“A”- Our Area designation within the Section. An Area comprises of several regions.

“372” -Our region number. A region is defined by communities.

AYSO’s Vision:

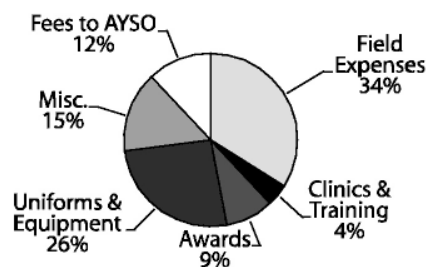
To provide world-class youth soccer programs that enrich children’s lives

AYSO’s Mission:

To develop and deliver quality youth soccer programs in a fun, family environment based on the AYSO philosophies:

Everyone Plays Balanced Teams
Open Registration Positive Coaching
Good Sportsmanship

Mundelein Area AYSO 2007 Expenses



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